



MEALS ON WHEELS ORDER FORM

Name _____ Tel. # _____ Date Ordered _____
 Address _____ Apt. _____ Delivery Date _____

♥ = Low fat. Fat content ≤ 25 grams. ↓ = Low sodium. Sodium content ≤ 1000 milligrams. K=Available in Kosher or Regular. Note: Kosher meals are not low-sodium and are not in microwaveable containers, and some meals may have slightly different ingredients and/or sides than those listed. **Please note that for #6, the Kosher version is baked chicken pieces.**

Note: This is a temporarily reduced menu. New meals will be added monthly starting in February, 2009.

DINNERS: Each dinner includes milk, margarine, and your choice of a white or dark roll. #

3				Chili & Turkey Franks, Potato Puffs, Whole Kernel Corn	3	
6	♥		K	Baked Chicken Breast, Vegetables	6	
10	♥	↓		Beef Hash, Vegetables	10	
14	♥	↓	K	Spaghetti w/ Meat Sauce, Vegetables	14	
16	♥	↓		Swedish Meatballs, Vegetables	16	
19	♥	↓	K	Baked Salmon, Scalloped Potatoes, Peas (Note: Kosher Version is Baked White Fish)	19	
20	♥			Chicken Patty, Seasoned Rice, Mixed Vegetables	20	
21	♥	↓		Meat Lasagna, Tomato Sauce, Spiced Peach Slices, Green Beans	21	

Rolls and Margarine: brown: # _____ white: # _____ Dry milk: # _____ **Total**
 Dinners: _____

BREAKFASTS: All breakfasts include milk, margarine, and a juice. #

1		↓		Scrambled Eggs with Cheese, O'Brien Potatoes, Pears	1	
2	♥	↓		Scrambled Eggs And Ham, Pancakes, Spiced Peaches	2	
4		↓		Breakfast Burrito, Ranchero Sauce, Potatoes, Baked Apple w/ Raisins	4	

Total Breakfasts: _____

Orange Juice # _____ Grapefruit Juice # _____ Pineapple Juice # _____ Apple Juice # _____ Tomato Juice # _____

#MEALS ORDERED _____ X \$3.00/meal (suggested donation)= _____
 (\$4.50 meal charge if ineligible, under 60 yrs.) Amount Received \$ _____
 Participant's Signature _____ Driver Signature _____

LIQUID SUPPLEMENT ORDER FORM

ENSURE (24 pack)

- Vanilla
- Chocolate
- Strawberry
- Coffee
- Butter Pecan

ENSURE Plus (24 pack)

- Vanilla
- Chocolate
- Strawberry
- Butter Pecan

ENSURE High Protein (24 pack)

- Vanilla Supreme
- Chocolate Royale
- Wild Berry

ENSURE with Fiber (24 pack)

- Vanilla
- Chocolate

ENSURE Pudding (4 pack)

- Vanilla
- Chocolate
- Butterscotch

GLUCERNA SHAKE

- Chocolate Shake
- Strawberry Shake

Please call for current prices.

FOR OFFICE USE ONLY – Please do not write in this box.

Mobile Market Item	Quantity	Cost per unit	Cost
_____	_____	x \$ _____	= \$ _____
_____	_____	x \$ _____	= \$ _____
_____	_____	x \$ _____	= \$ _____
MOBILE MARKET CHARGES			= \$ _____
# meals ordered _____	x	\$3.00/meal suggested donation (or \$4.50/meal charge if under 60)	= \$ _____
SUGGESTED DONATION (OR CHARGE) FOR MEALS			= \$ _____
TOTAL			= \$ _____
Amount Received			= \$ _____

Participant's
Signature _____

Driver's Signature _____