

Secure and Convenient Online Personal Health: Pipedream or Reality? ***AccessMyHealth.org is Working on Answers***

Have you ever wished you had better and more convenient access to your personal health records? AccessMyHealth.org, a partnership of Washingtonians – patients, doctors, consumers and others – is exploring ways to improve patients' access to their personal health information.

The AccessMyHealth.org partnership is convened by the Washington State Health Care Authority. The idea is to give patients better and more convenient access to a copy of their health information, so that they can be more knowledgeable partners in their own care. Everyone is invited and encouraged to participate.

AccessMyHealth.org needs firsthand input from the people who will ultimately use an online personal health record; that's all Washingtonians. They are requesting our help to answer questions such as:

- Are you interested in having access to a copy of your personal health information in one place?
- Will you use it to work with your doctor to better manage your care?
- What information is most important to include from your point of view?
- Are you ready to be a more knowledgeable participant in your own care?

If you'd like to learn more, please sign up at www.AccessMyHealth.org. Participation at any level is welcome – from taking a ten-minute online survey, to eventually testing an online personalized health record. Every bit of input helps.

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