



Senior Services
Promoting the well-being of older adults

December 2008

Community Dining – Soup & Sandwiches

Served at various locations throughout King County. Please call (206) 448-5768 for the location nearest you.

Monday

Tuesday

Wednesday

Thursday

Friday

1 Chicken Vegetable Rice Soup Turkey on Wheat Fresh Orange	2 Corn Chowder Tuna Salad on Wheat Baby Carrots Tropical Fruit Mix	3 Cream of Tomato Soup Roast Beef on Sourdough Spinach Salad w/Dressing Peanut Butter Cookie Juice	4 Split Pea Soup Pastrami on Rye Coleslaw Mandarins	5 Very Veggie Soup Tuna Salad on Bun Fruit Cocktail in Gelatin
8 Ivar's Clam Chowder Meatloaf on Sourdough Broccoli w/Dip Pineapple Tidbits	9 Beef Veg Noodle Soup Corned Beef on Rye Mandarins	10 Minestrone Soup Turkey/Cranberry/ Cream Cheese Wrap Fruit Juice Lemon Pudding	11 Chicken Tortilla Soup w/Vegetables Ham Salad on a Bun Tropical Fruit Mix	12 French Onion Soup Egg Salad on Wheat Carrot/Cabbage Slaw Cookie Juice
15 Corn-Potato Chowder Chicken Salad on 9 Grain Mandarins	16 Mixed Bean Soup Meatballs on Hoagie Apricots Juice	17 Ivar's Clam Chowder Tuna Salad on Wheat Broccoli w/Dip Sliced Peaches	18 Birthday Beef Vegetable Soup Baloney/Salami/ Cheese on Hoagie Roll Spinach Salad w/Dressing <i>Birthday Cake</i> 	19 Cream of Mushroom Soup Turkey on Wheat Broccoli w/Dip Fresh Orange
22 Mulligatawny Soup Chicken Salad on a Bun Coleslaw Diced Peaches	23 Cream of Vegetable Soup Ham on Rye Broccoli w/Dip Butterscotch Pudding	24 Hearty Vegetable Soup Meatloaf on White Coleslaw Pineapple Tidbits	25 Closed for Holiday 	
29 Beef Vegetable Noodle Soup BBQ Beef on Bun Plums	30 Cream of Chicken Soup Egg Salad on 9 Grain Baby Carrots Mandarin Oranges	31 Corn Chowder Pastrami on Wheat Carrot/Cabbage Slaw Fresh Orange	Milk choices: Skim, Buttermilk Chocolate, 2% Milk available on cook's request for any meal	Special thanks to Starbucks & Ivar's for donating their products to Community Dining